

TROM™ Advanced / TROM™ Adjuster

PATIENT APPLICATION



BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

INTENDED USE / INDICATIONS:

For immobilization and protected range of motion associated with ACL, PCL, LCL, and MCL surgeries and meniscal repairs.

This product was designed to complement the variety of medical treatments common to the above afflictions. The range of motion settings and frequency and duration of use should be determined by your prescribing Healthcare professional.

CONTRAINDICATIONS:

None

WARNINGS & PRECAUTIONS:

If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.

CLEANING INSTRUCTIONS:

Hand wash foam liners in cold water with mild detergent. Air dry only, do not heat dry. Regular cleaning of the brace is recommended. All foam may be trimmed. Always consult your physician or therapist before making changes to the brace.

WARRANTY:

DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale.

INTENDED FOR USE ON A SINGLE PATIENT.

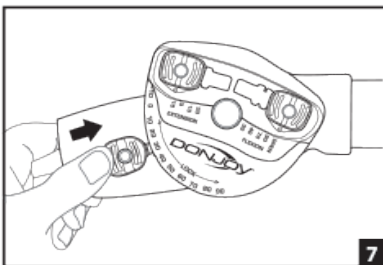
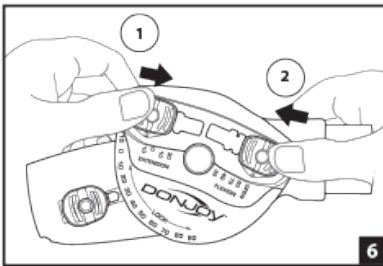
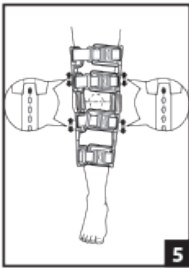
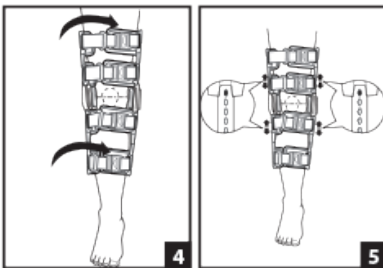
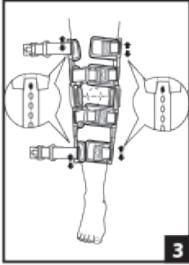
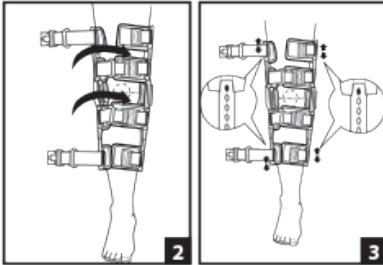
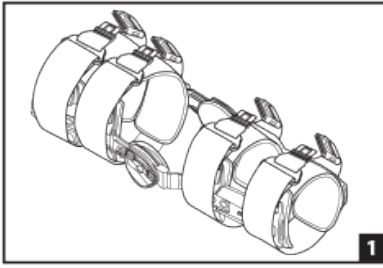
RX ONLY

NOT MADE WITH NATURAL RUBBER LATEX

NOTICE: WHILE EVERY EFFORT HAS BEEN MADE IN STATE OF THE-ART TECHNIQUES TO OBTAIN THE MAXIMUM COMPATIBILITY OF FUNCTION, STRENGTH, DURABILITY AND COMFORT, THIS DEVICE IS ONLY ONE ELEMENT IN THE OVERALL TREATMENT PROGRAM ADMINISTERED BY A MEDICAL PROFESSIONAL. THERE IS NO GUARANTEE THAT INJURY WILL BE PREVENTED THROUGH THE USE OF THIS PRODUCT.

CAUTION: FEDERAL LAW (U.S.A.) RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A LICENSED HEALTH CARE PROFESSIONAL.

Application Information:



1. Unfasten the buckle on each strap and lay brace out flat. Place leg inside brace and adjust the straps to position bar assembly so that each hinge aligns with the patella (kneecap) and the midline of the leg on both the medial and lateral sides of the leg.
2. Fasten the two straps closest to the knee.
3. Adjust thigh and calf bar length by pushing in the gray button and sliding the strap paddles to desired length. Ensure that both bars are equal in length and that each strap paddle is indexed to same position on each bar assembly.
4. Fasten the remaining two straps. Loosen the straps by pulling the straps away from the frame, and pull straps tight to remove slack behind the leg while maintaining the position of the hinge and bars on the leg. The straps can be trimmed for proper fit and strap-end can be repositioned to new edge of strap.
5. To adjust the position of the straps on the leg, push the gray button and slide the strap paddles to the desired location on the leg.
6. To adjust flexion and extension, slide the buttons found on the hinge casing to the desired flexion/extension settings as determined by your prescribing healthcare professional. You may need to move the hinge bar to the desired extension setting on the outer rim of the hinge in order to be able to move the extension button.
7. To lock the hinge, move the hinge bar to the desired setting on the outer rim of hinge. Slide the hinge lock button, located on the thigh bar, into the locked position such that the arrow moves towards the hinge center.

A) The hinge bars may be bent to add varus or valgus contouring. Bend each bar by holding thigh/calf bar firmly against a solid surface and apply gentle and constant pressure to the hinge in the direction desired. Bend each side bar an equal amount above and below the hinge.

B) For optimal ease of application post-operatively, pre-fit the brace prior to surgery if possible.



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Individual results may vary. Neither DJO, LLC nor any of its subsidiaries dispense medical advice. The contents of this document do not constitute medical, legal, or any other type of professional advice. Rather, please consult your healthcare professional for information on the courses of treatment, if any, which may be appropriate for you.